



304.2AP EXTRA-CURRICULAR ATHLETICS

ESTABLISHED: 2025.09.08

AMENDED:

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LEGAL REFERENCE

- *Alberta Fairness and Safety in Sports Act*
- Fairness in Sports Regulation

CROSSING REFERENCE:

- School Physical Activity, Health & Education Resource – myspheres.ca
- [500.1AP Agent of the Board](#)
- [602.13AP School Generated Funds](#)
- [701.4AP Student Transportation for Curricular or Extra-Curricular Trips](#)
- [304.2AP Exhibit 1 Eligibility Confirmation Form](#)

BACKGROUND:

The Division believes in and encourages interschool sports programs which provide educational experiences which will help students grow physically, mentally, emotionally, and socially.

GENERAL

1. Extra-curricular athletics programs shall be conducted in an environment of fairness, good sportsmanship, and safety.
 - 1.1. Principals shall ensure proper supervision for all extra-curricular activities.
2. All extra-curricular athletics programs at a school are subject to the approval of the Principal.
3. Every effort is to be made to minimize the loss of instructional time for coaches and athletes.
4. School facilities and Division owned equipment (excluding transportation) shall be available, free of charge, to students participating in extra-curricular athletics programs. Students may be required to provide their own personal equipment.
5. A fee may be charged to students to defray the costs of participation in extra-curricular athletics programs. Financial support may also be achieved through school fundraising projects.

- 5.1. If fees are charged, a statement of accounts shall be kept in accordance with 602.13AP School Generated Funds and is subject to periodic review and audit.
 - 5.2. No profit or benefit shall be realized by a school or the Division as a result of extra-curricular fees being charged.
6. At extra-curricular athletic events students will behave in a manner that reflects positively on their school.
7. Early in the sports season the parents will be offered the opportunity to be informed of the coach's procedures and expectations in regard to the students and their parents. Early in the season, the coach shall provide a copy of the provisional game schedule to the parents.
8. Student travel to athletic events is subject to 701.4AP Student Transportation for Curricular or Extra-Curricular Trips
9. Student members of school teams must travel to all away games as directed by the Principal.

ELIGIBILITY

10. Extra-curricular athletics programs are to provide for maximum opportunities for both males and females to participate in a variety of activities (individual, dual, team).
 - 10.1. Female only competitions must have an eligibility requirement of female sex at birth. Individual confirmation is required in writing by the individual, or if the individual is a minor, the parent of the individual.
 - 10.2. The eligibility of any individual in a female only competition may be challenged in writing by any coach in the competition or any parent of an individual participating in the competition. Confidential challenges are to be submitted to the Assistant Superintendent of Learning for a ruling. Subsequent to the competition, the Assistant Superintendent of Learning ruling may be appealed to the Superintendent.
 - 10.3. School Sport Alberta must meet its obligations to the Minister of Tourism and Sport.
 - 10.4. Females may compete in male competitions.
 - 10.5. Mixed gender or mixed sex competitions may occur as determined by the School Principal when numbers warrant.

SAFETY

11. Staff involved with extra-curricular athletics programs are to be familiar with the contents of the document School Physical Activity, Health & Education Resource myspheres.ca and follow the recommended safety practices as is reasonable in the circumstances.
12. All coaches shall emphasize safety of the athletes and not allow students to be put in competitive situations where their physical health is in danger.
 - 12.1. Coaches are to be knowledgeable about any physical problems regarding students under their direction as well as being aware of each student's Alberta Health Care number, name of the family physician, and a home phone number.

- 12.2. Parents have the responsibility of informing the coach of any relevant physical or medical problems.

COACHING

13. Extra-curricular athletics programs are to be organized and directed by coaches who stress educational objectives, fairness, safety, active participation by all participants, competence in the sport with an emphasis on enjoyment.
14. Coaches must remember they are role models for all students under their charge and for this reason are to model a high degree of sportsmanship, fairness, consistency, and self-control to their own students, students and coaches on other teams, and officials.
 - 14.1. The self-esteem of each athlete must be respected.
 - 14.2. Parental communication must be evident.
15. The Principal may approve a coach who is not a member of the school's teaching staff.
 - 15.1. The Principal must provide guidance and direction to this coach in regard to all rules and procedures pertaining to extra-curricular athletics.
 - 15.2. If a person, other than a member of a teaching staff, coaches a school team, the Principal will assign a teacher to the coach for the purpose of coordinating and managing the team's activities.
 - 15.2.1. The teacher liaison must be present for Zone and Provincial Competitions.