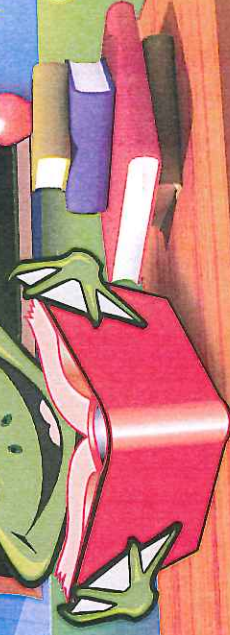


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Eye See!
Eye Learn!

How well can your child see?



Eye See...Eye Learn®

A free childhood eye health and vision awareness program

Eye See...Eye Learn® is a program that provides AHC-insured eye exams by local Doctors of Optometry and free eyeglasses, if required, to kindergarten children, in partnership with your local school board.

How to Participate

Step 1

Call a local **Eye See...Eye Learn®** Doctor of Optometry to book your child's appointment.

A list of participating optometrists can be found on the Alberta Association of Optometrists' website www.optometrists.ab.ca or call the AAO directly at 1-800-272-8843 ext 232.

Step 2

Take your child in for a comprehensive eye examination. Bring your child's health card.

Eye examinations are covered annually by Alberta Health for children 18 years of age and under.

A comprehensive eye examination is painless and non-invasive.

Step 3

Children participating in the **Eye See...Eye Learn®** program are entitled to a free pair of glasses if required.¹

These free eyeglasses are covered by a 1 year manufacturer's warranty.

Vision and Learning

Good vision is an important part of learning.

- 80% of classroom learning is done through the eyes
- 1 in 4 children have some form of vision problem
- Children rarely complain of vision problems, or are even aware of them
- Children with poor vision often find it difficult to focus on their work and may be misdiagnosed as having a learning or behavioural disability
- Good vision is vital to developing skills such as reading, copying and hand-eye coordination

Annual eye examinations can identify health problems and conditions such as a turned or lazy eye. These conditions may be treated successfully if they are found early in a child's life. It is recommended that infants should have their first eye exam at six months of age.

What is an optometrist?

Doctors of Optometry are qualified to provide comprehensive eye exams. They diagnose and treat diseases of the eye, and provide eyeglasses and contact lenses.

¹ No cash value. Only if corrective lenses are required.