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Principal: Mr. Lindsey Bates  
Asst. Principal: Mrs. Kelly Scully



Explore - Create - Achieve

April 30, 2021

Good afternoon Parents and Guardians,

Today we were made aware that someone affiliated with the school tested positive for COVID 19. The person was last in our school on April 23<sup>rd</sup>, 2021.

We have been provided the following guidelines from AHS to determine close contacts:

- Generally, all individuals who share a classroom with the case for more than 15 minutes are considered close contacts and will be required to quarantine for 14 days, regardless of mask use.
- Any individuals who shared food or drink with the case would be considered a close contact.
- Any individuals who were within 2m for more than 15 minutes would be considered close contacts, regardless of mask use.
- Any individuals who had close physical contact, such as hugging, would be considered close contacts, regardless of mask use.
- Any individuals seated in the 3 rows in front of, behind, or beside the positive case on a school bus. Teachers and other school staff are considered on a case by case basis.

Students and staff who are affiliated with this person will need to self-isolate. We are contacting you as this means that **your student is a close contact** and needs to be at home self-isolating as per the guidelines above. Our school is currently listed as an Outbreak School. If your student gets tested for COVID, they should refer to our Outbreak Number 20214742 for AHS tracking.

The self-isolation will remain in place for two weeks. All close contacts will be able to end self-isolation on **Saturday, May 8<sup>th</sup>** and **return to school on May 10<sup>th</sup>** unless AHS provides additional information. **This means the student must remain in isolation on May 7<sup>th</sup>.** For some students already in isolation until May 4<sup>th</sup> due to a previous letter, **this letter and new extended date supersedes** the previous letter you received. We appreciate your support in this challenging time.

#### **WHAT TO DO IF YOU'RE IDENTIFIED AS A CLOSE CONTACT**

1. CONSIDER BOOKING AN APPOINTMENT for testing at alberta.ca or call 811.
2. The CLOSE CONTACT will be legally required to self-isolate for 14 days from the last exposure. Alberta Health Services (AHS) will give you these important dates.
3. Self-isolate means to STAY HOME. Do not leave your home until after the 14 days. Other members of your household do NOT need to self-isolate. Only the close contacts identified by AHS need to self-isolate.
4. WATCH FOR SYMPTOMS which may include fever, cough, shortness of breath, difficulty breathing, sore throat or runny nose. Some people may also have nausea, vomiting, diarrhea or just feel unwell.
5. Isolation will be completed after the 14 days, ONLY if you've remained symptom free the entire isolation period AND any COVID-19 tests come back negative.

HELP KEEP YOURSELF AND OUR COMMUNITY HEALTHY



MAINTAIN A  
**2 METER**  
DISTANCE  
FROM OTHERS



**WEAR A  
MASK**  
WHEN PHYSICAL  
DISTANCING ISN'T  
POSSIBLE



**STAY HOME**  
IF YOU'RE  
FEELING UNWELL



FOLLOW  
**MASS  
GATHERING**  
RESTRICTIONS



**WASH  
YOUR  
HANDS**  
FREQUENTLY

The following self-isolation **rules** are in place as per AHS guidelines. These restrictions must be followed if you are in mandatory isolation or quarantine:

- Stay home – People who are self-isolating **must not** leave their own home or participate in any activities outside of their own home (no going to work, school, childcare, places of worship, and/or any other public place), until you are no longer required to self-isolate.
- Avoid close contact with people in your household, especially seniors and people with chronic conditions or compromised immune systems.
- Do not take public transportation like buses, taxis or ride-sharing - this is prohibited.
- Do not go outside for a walk through your neighbourhood or park. This includes children in mandatory isolation or quarantine.
- Do not use elevators or stairwells if you live in an apartment building or highrise, you must stay inside your unit. If your balcony is private and at least 2 metres away from your closest neighbours, you may go outside on the balcony.
- Get fresh air in your backyard, if you have one, but you must remain on private property not accessible by others.
- There is to be no sharing of utensils or meals.
- More information on isolation guidelines is available at: <https://www.alberta.ca/isolation.aspx>

AHS recommends your child get tested twice for COVID-19, even if they have no symptoms.

- The first test should be booked as soon as possible. Get the second test between Day 10 and Day 14 of their quarantine period, if they have not already tested positive for COVID-19.
- You can book a test online at COVID-19 Testing/Online Booking or by calling Health Link at 811; our Outbreak Number 20214742 for AHS tracking .
- If your child gets symptoms, book another test right away. Since your child was exposed to a person with COVID-19, there is a higher chance that they have (or will have) the infection.

Under the Public Health Act of Alberta, Medical Officers of Health for Alberta Health Services have the responsibility to limit the spread of infectious diseases. More information on isolation and quarantine guidelines is available at: [Quarantine & Isolation](#).

Learning activities will continue at home during the isolation period. The schedule will be the same for at-home students and they should be prepared to log in at regularly scheduled times. Their teachers will contact them with information Monday.

Students will be welcomed back to the classroom on **Monday, May 10<sup>th</sup>**.

If you have questions, please contact Alberta Health Services at 811, or myself at the school. Thank you for your cooperation and support during this time.

Take care,

A handwritten signature in blue ink, appearing to be 'J.R. Bates', with a long horizontal stroke extending to the right.

Mr. Bates  
JR Robson Principal